

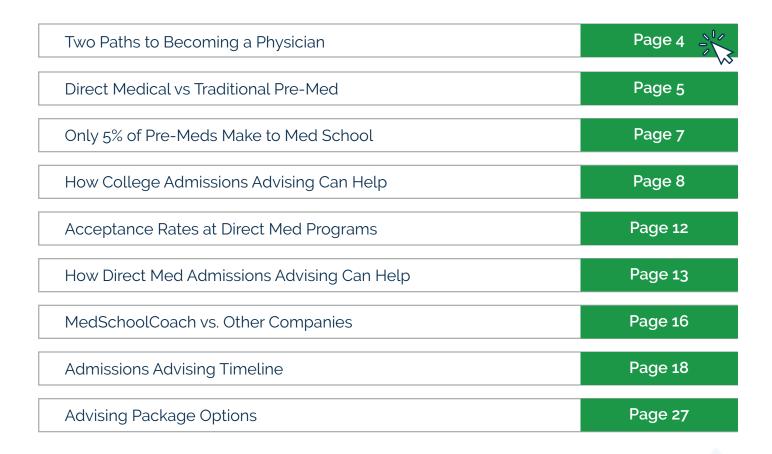


College & Direct Medical Admissions Advising

Conquer your next step towards becoming a physician with expert 1-on-1 coaching.



Table of Contents



ABOUT THIS GUIDE

This guide was created to help you understand the competitive landscape of admissions to college and direct medical programs. It explains how working with MedSchoolCoach expert advisors can help your student successfully navigate this process and gain acceptance into top-choice programs.

So... You Want to Be a Doctor?

Medicine is one of the most rewarding career paths...

- It's impactful. As a physician, you'll have one of the most important jobs in the world: treating disease and promoting health.
- It's lucrative. The average US physician makes \$352K per year. The average lawyer, by contrast, makes \$164K per year.
- It's stimulating. Medicine will pose an exciting intellectual challenge from the day you enter med school to the day you retire.

It's also one of the most demanding...

- It's competitive. 59% of applicants to medical school don't get in, making this the most competitive admissions process in the country.
- It's costly. Depending on the route you take, you'll spend 11 to 14 years becoming a fully licensed physician.
- It's intensive. Completing medical school and residency will demand your utmost energy, attention, and dedication.

Read on If You Have What It Takes...



Explore Your Options: Two Routes to a White Coat

Route #1:

Traditional Path

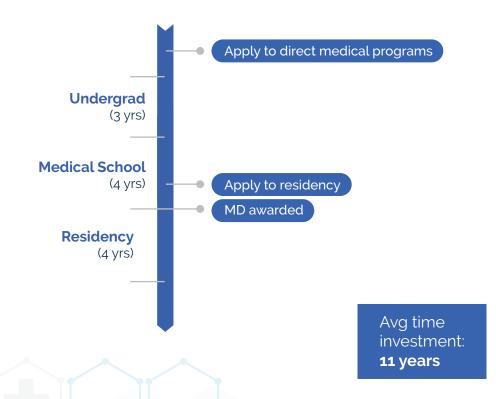
The traditional way to become a doctor is to apply to college, complete an undergraduate degree, and then apply to medical school.

Apply to college **Undergrad** (4 yrs) **Gap years** Apply to medical school (2 yrs) **Medical School** Apply to residency (4 yrs) MD awarded Residency (4 yrs) Avg time investment: 14 years

Route #2: D

Direct Medical Program

Some schools offer direct medical programs (a.k.a. BS/MD or BA/MD programs), which combine the process of earning an undergrad and medical degree by accepting high school seniors to both college and medical school.



Weigh the Differences: Traditional Path vs. Direct Medical



Time/Cost

Advantage: Direct Medical

Direct medical programs are faster, and therefore cheaper, than the traditional pathway. Direct medical students face 7-8 years of higher education/living costs versus 8-10 years for traditional students.



Stress

Advantage: Direct Medical

While traditional pre-meds must fight for top grades and extracurriculars to be competitive for medical school admissions, direct medical students have a guaranteed spot in medical school, as long as they meet GPA and/or MCAT requirements.



Competition

Advantage: Traditional

Even the most selective undergraduate programs are easier to get into than the typical direct medical program. For instance, in 2023, 5% of applicants were admitted to Brown University's undergraduate class, but only 2.5% were admitted to PLME, Brown's direct medical program.



Prestige

Advantage: Traditional

Most applicants who are competitive for direct medical admissions are qualified to attend prestigious universities. Those who decide to attend a direct medical program usually do so at the expense of earning more prestigious credentials as a traditional student.



Flexibility

Advantage: Traditional

Traditional pre-meds are free to switch career paths and apply to whatever medical school they wish. Direct medical students who do the same will have to transfer credits to a different program, or if they drop out to apply elsewhere for medical school, they may face questions about their commitment.



Community

Advantage: Traditional

As a direct medical student, you'll join a tight-knit community with a common purpose. However, your group of peers will be small: only 3% of current medical students are part of a direct medical program. Traditional students, on the other hand, will be surrounded by those who followed a similar path.

Choose a Path That's Right for You



A direct medical program could be right for you if you have:

- Stellar grades (GPA > 3.7)
- Elite test scores (SAT >1400, ACT >32)
- Outstanding extracurriculars (volunteering, research, etc.)
- Demonstrated interest in medicine (e.g. physician shadowing)
- A burning desire to become a doctor

Explore Direct Medical Admissions Advising



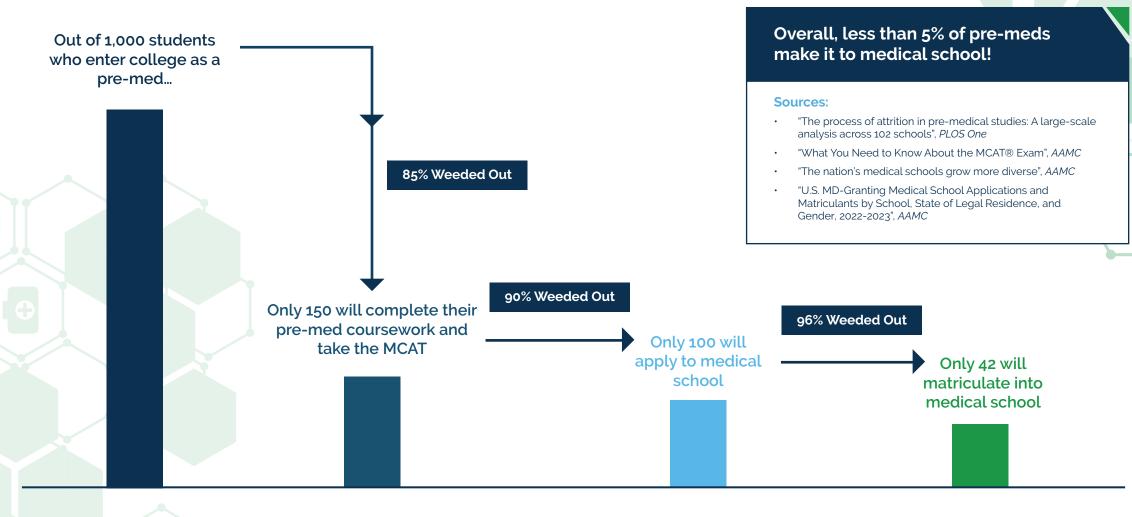
Traditional Path (College to Medical School)

The traditional path could be right for you if you:

- Don't meet the GPA/SAT/ACT benchmarks for direct medical programs
- Have limited extracurricular or shadowing experience
- Want to explore other interests besides medicine
- Want to attend an elite school

Explore College Admissions Advising





Fact:

The most popular pre-med schools are NOT necessarily the best!

How MedSchoolCoach Can Help:

Our college advisors are experts on which schools are best for pre-meds. They'll curate your school list to boost your odds of earning a white coat down the road.

UCLA, UT Austin, and University of Florida produce more applicants to medical school than any other institution in the country.

Undergrad Institution	Applicants to Med School (2022)
University of California-Los Angeles	1,195
University of Texas at Austin	993
University of Florida	860

However, alumni of these popular pre-med schools are often less successful at getting into medical school than graduates of other schools:

Undergrad Institution	Alumni Acceptance Rate at Medical School
University of Texas at Austin	45%
University of Florida	45%
University of California-Los Angeles	51%
Amherst College	79%
Pomona College	85%
Colorado College	88%

Fact:

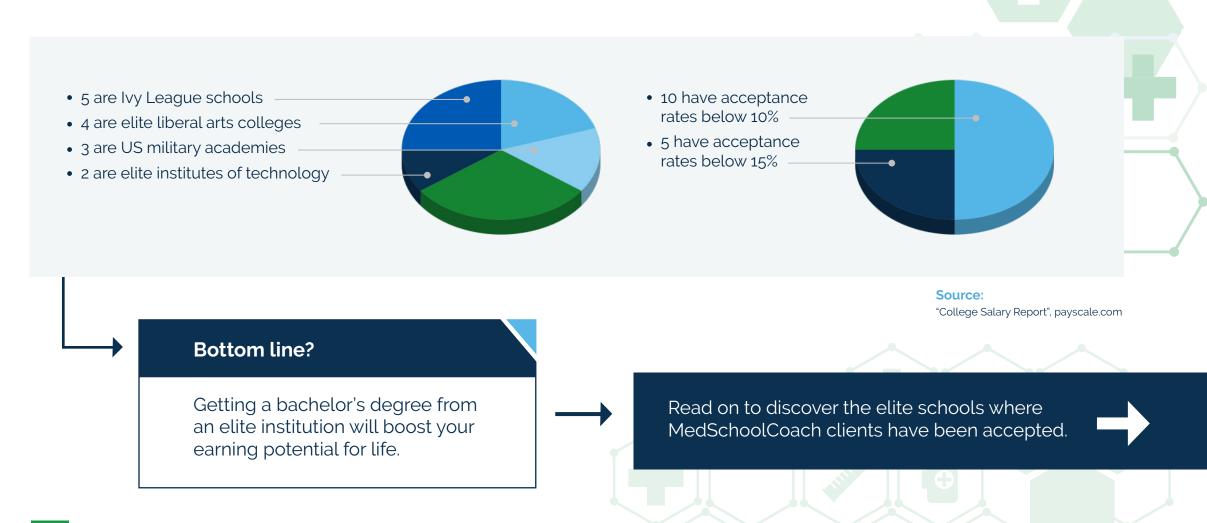
Today's students face much more competition getting into college than their parents did.

How MedSchoolCoach Can Help:

All of our advisors have served on college admissions committees or have prior experience coaching applicants. They'll optimize your application to get you into the best school possible.

School	Current Acceptance Rate	Past Acceptance Rate	Source
Harvard University	3%	12% in 1995	The Harvard Crimson
Stanford University	4%	15% in 1997	Stanford Office of the President
Yale University	5%	20% in 1995	Yale Admissions Data
University of Pennsylvania	6%	47% in 1991	The Daily Pennsylvanian
New York University	8%	65% in 1991	NYU News Release
Emory University	10%	45% in 1997	Emory Magazine
University of Texas at Austin	26%	65% in 1995	UT Austin Office of Institutional Studies

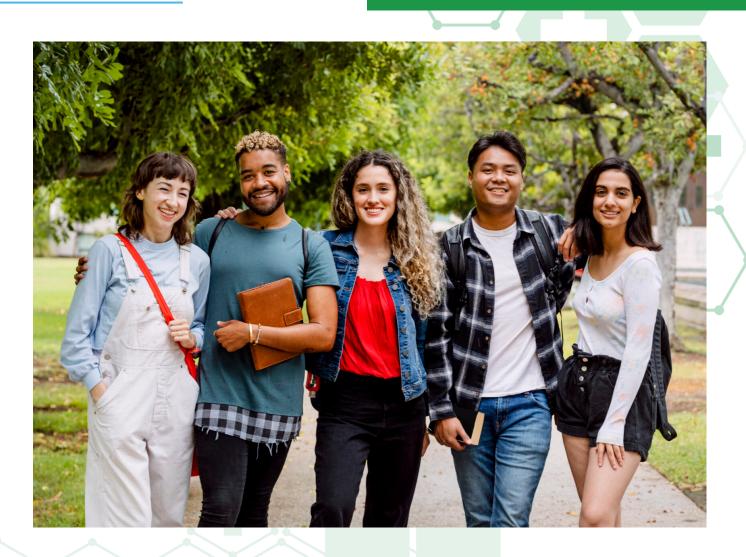
Out of the 20 colleges & universities that rank highest for median mid-career pay:



With the help of our expert college advisors:

- Nusaiba was accepted to Yale University, University of Pennsylvania, and Cornell University
- Rohit was accepted to Johns Hopkins University
- Kiara was accepted to Duke University
- Dev was accepted to Williams College
- Sanjay was accepted to Rice University
- Sonal was accepted to Georgetown University
- Srihas was accepted to University of California Berkeley
- Eshanth was accepted to Emory University

Where will MedSchoolCoach advising take you?



Answer: Very! Here are some of the typical acceptance rates at direct medical programs:

Program Name	Undergraduate School	Medical School	Acceptance Rate
BA/BS + MD Early Assurance Program	Drexel University	Drexel University College of Medicine	2.1%
Program in Liberal Medical Education (PLME)	Brown University	Warren Alpert Medical School of Brown University	2.5%
Premedical-Medical (PMM) Program	Penn State University	Sidney Kimmel Medical College at Thomas Jefferson University	3.1%



Students who are competitive for direct med will also be competitive for elite undergraduate admissions!



- 3.5% acceptance rate at Harvard University
- 3.7% acceptance rate at Stanford University
- 4.8% acceptance rate at MIT

Boost Your Odds of Acceptance with Direct Med Advising

Direct Medical Admissions Advising

Working with a MedSchoolCoach advisor will more than double your chance of getting into a direct med program.

Your odds of acceptance at a direct medical program are:

- 25% if you don't work with us
- 68% if you do work with us



68% chance of acceptance



Average applicant

MedSchoolCoach clients

Where did we get these numbers?

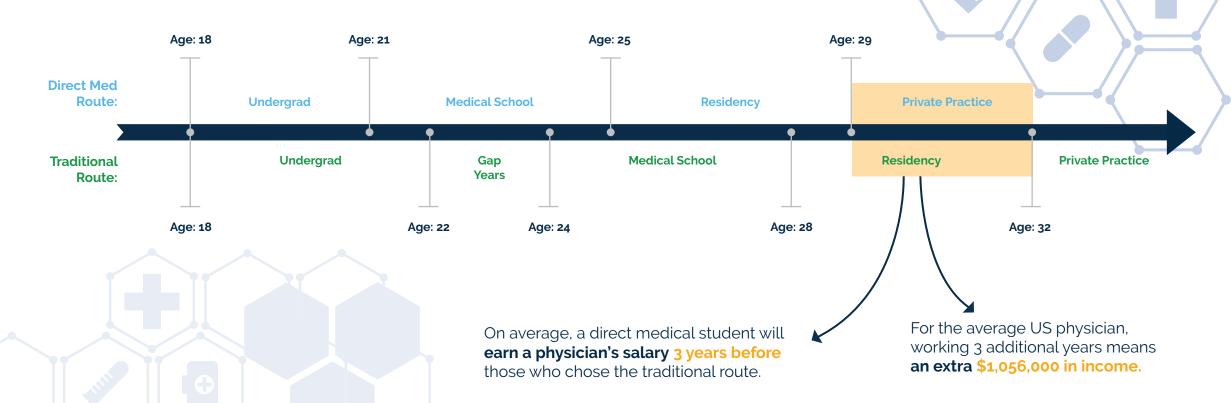
- · Acceptance statistics for MedSchoolCoach clients are calculated by our Student Success team, who carefully track student outcomes.
- Since no data is available about the entire pool of direct medical applicants nationwide, the odds for the average applicant were calculated based on typical acceptance rates at individual programs and the typical number of programs applicants apply to. If you apply to 10 programs, each of which has an acceptance rate of 3%, your odds of acceptance at one or more program is ~25%.

Secure Your Direct Med Spot

Direct Medical Admissions Advising

to Earn More, Faster

Landing a spot in a direct medical program will help you earn your MD, and a physician's salary, in less time. This translates to increased earnings over the course of your career.



Become One of Our

2,000+ Success Stories

Our team helps more than 2,000 students a year advance their career in medicine.

are satisfied with our help in the admissions or testing process.

96% would recommend our services to a friend.

MedSchoolCoach

Reviews 592 • Excellent



Trustpilot



Got accepted into Drexel's BS/MD program... Just heard a few days ago. I also got accepted to UCF's program! Thank you to you both! You have been critical in my application process, I couldn't have done it without you!

- K.G. (Direct Medical Advising Student)





I got into the Pitzer/Western Joint Medical Program! I seriously could not have done it without you both and really appreciate it. I am so happy. My parents and I are so grateful that I was a part of MedSchoolCoach.

- M.M. (Direct Medical Advising Student)



MedSchoolCoach vs. Other Companies?

It's Apples & Oranges



MedSchoolCoach:

- A Single Mission
 All of our services have one sole purpose: to help you become a physician.
- Unmatched Expertise
 All our advisors have prior admissions committee or application consulting experience.
- Unmatched Support
 All students receive a Student Success representative to ensure a seamless advising experience.
- Unlimited Edits & Messaging
 Rather than putting you on a timer or restricting your essay edits, we work until your goal is met.



Other admissions companies:

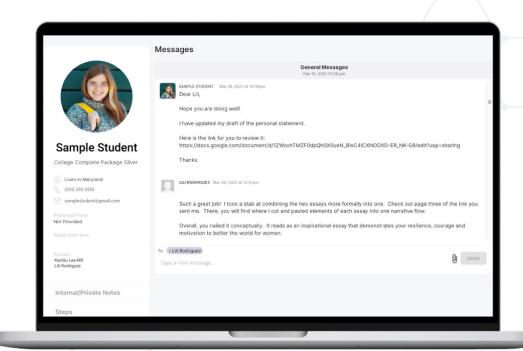
- Generic Services
 Admissions advisors don't cater to premeds or direct medical applicants.
- Unremarkable Experience
 Hiring criteria for admissions advisors are loose or non-existent.
- No Student Support
 Nobody is responsible for managing the advisor-student relationship.
- Limited Advisor Access
 Only a handful of essay edits and student-advisor messages are allowed.

CHART a Course to Acceptance

Meet CHART, our proprietary advising platform that helps you stay on track during the admissions process.

CHART allows you to:

- message and schedule meetings with your advisors
- track your progress through every step of the application process
- collaborate with your advisors to craft your application materials
- review key instructions and how-to resources
- see advisor-recommended deadlines for each task



College & Direct Med Admissions Timeline



Direct Med-Specific

College-Specific

College & Direct Med

First

You'll **tell us about your background as a high school student**, including your academic & biographical info as well as your higher education goals.

Next

Our Student Success team will **hand-select the perfect advisors for you,** based on your unique background and goals.

College advising students will be paired with an expert college advisor.

Direct med advising studentswill be paired with a college
advisor AND a direct med advisor.

Meet a few of our expert advisors:



Derrick Rogan (College)



Laura Baldasare (College)



Robert Rivas (College)



Yao Liu, MD (Direct Med)



Alexis Dallara-Marsh, MD (Direct Med)



Kanthi Bommareddy, MD (Direct Med)

Discover Our Dual Advisor Approach

- College advising students work with an expert college advisor
- Direct medical advising students work with both a college advisor and a direct medical advisor





Jennifer Wyatt-Speegle Director of College Advising

Your college advisor will help you:

- create a school list that matches your goals
- craft a stand-out application essay
- showcase your unique activities and story
- polish your application materials
- optimize your candidacy for undergrad programs



Kachiu Lee MD
Director of Direct
Medical Advising

Your direct medical advisor will help you:

- plan medically focused extracurriculars
- apply to the right direct med programs
- craft a compelling "Why MD" essay
- prepare for direct med interviews
- optimize your candidacy for direct medical programs

Jennifer leads a team of expert college advisors who:

- have served on undergraduate admissions committees
- have extensive experience coaching students through the admissions process

Kachiu leads a team of expert direct medical advisors who:

- have served on direct medical or medical school admissions committees
- are themselves graduates of a direct medical program

Develop a Plan for Acceptance

First

Your advisors will schedule a meeting to **learn about your achievements as well as your challenges** as a college or direct medical applicant.

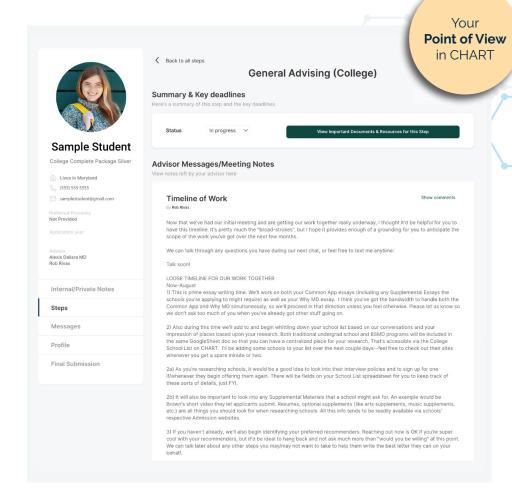
Next

Your advisors will **develop a game plan for admissions success** that's unique to you.

Your college advisor

will identify ways to boost your college credentials and will provide an application timeline to keep you on track. Your direct medical advisor

will suggest improvements to your pre-med resume so you can sharpen your image as a future physician.



First

Based on your academic and extracurricular background, your advisors will **determine the optimal ratio of reach, target, and safety schools** for your credentials.

Next

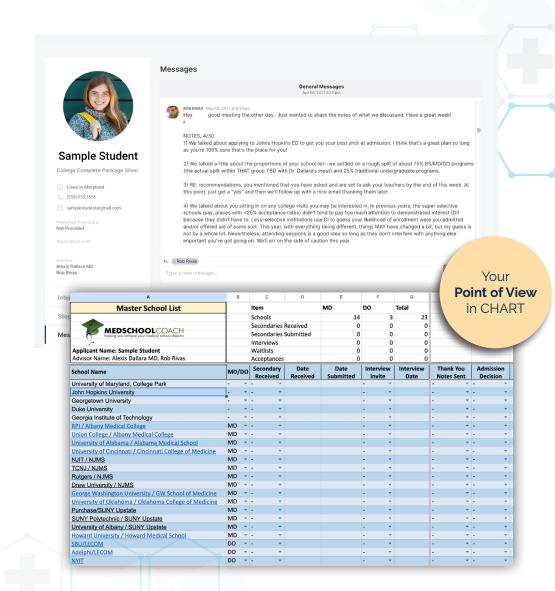
You and your advisors will **build a strategic school list that aligns with your aspirations** while also ensuring that your future in college is secure.

Your college advisor

will help you select undergrad programs that offer the best chance of a future medical school acceptance.

Your direct medical advisor

will help you curate a list of BS/MD programs that suits your interests and maximizes your odds of acceptance.



Submit Applications That Stand Out

First

Your advisors will help you **select the best experiences to showcase** in your application essay, your supplemental essays, and the activities section.

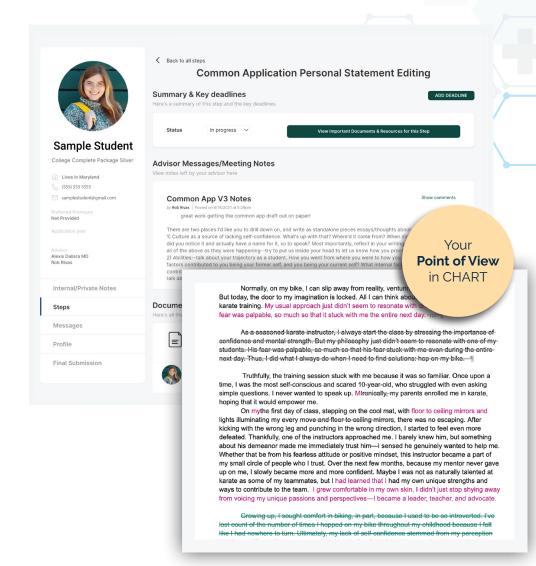
Next

Your advisors will help bring your narratives to life by providing extensive feedback on the word choice, style, and structure of your application materials.



will help you revise your Common or Coalition application materials so that they captivate and shine. Your direct medical advisor

will ensure that your BS/MD essays convey your passion for medicine and your identity as a future physician.



First

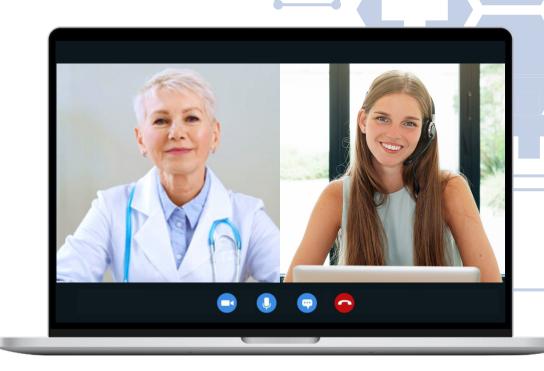
You'll **conduct mock interviews with different physician advisors** (not just your assigned advisor), prepping you for both traditional and MMI styles.

Next

Your mock interviewers will **offer verbal and written feedback on how to improve** so that you refine your approach and ace the real thing.



of our mock interviewers are physicians who have experience serving on admissions committees.





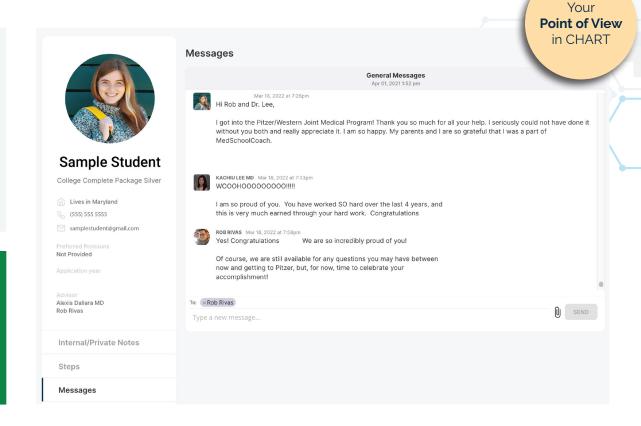
Get the Acceptances You Deserve

All your hard work and months of one-on-one coaching finally pays off!

Students who work with our advisors **enjoy** an acceptance rate much higher than the average applicant.

Our coaching doesn't stop once you're accepted.

Our advisors will help you weigh your options and choose the perfect college or BS/MD program for you.



First

After you decide on a college, you'll team up with one of our physician advisors who has experience helping students like you.

Next

Your physician advisor will help you start building your brand as a pre-med by identifying which courses to take and what extracurriculars to prioritize.

The MedSchoolCoach Difference

of our pre-med coaches are physicians who have experience serving on medical school admissions committees.

Meet a few of our pre-med coaches:



Blair Nelson, MD



Taylor Lindgren, MD



Ziggy Yoediono, MD



Ron Bradshaw, MD

View current pricing for our College Admissions Advising packages.



Bronze

Nail your common app

- School list development
- College essay editing
- Activities section editing
- Post-acceptance pre-med advising (1 session)

Silver

Focused support for key admissions steps

- School list development
- College essay editing
- Activities section editing
- Post-acceptance pre-med advising (1 session)
- Supplemental application editing (3 schools)

Most Popular

Gold

Complete guidance for the entire journey

- School list development
- College essay editing
- Activities section editing
- Post-acceptance premed advising (2 sessions)
- Supplemental application editing (5 schools)
- Scholarship essay editing (1 essay)
- Waitlist letter editing

Platinum

All-inclusive support, every step of the way

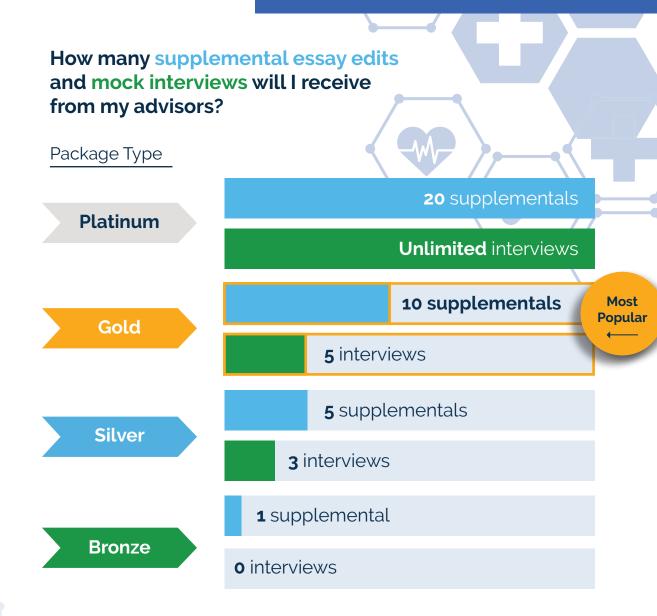
- School list development
- College essay editing
- Activities section editing
- Post-acceptance pre-med advising (3 sessions)
- Supplemental application editing (10 schools)
- Scholarship essay editing (2 essays)
- Waitlist letter editing



All of our Direct Medical Admissions Advising packages include:

- 1-on-1 attention from both a Direct Med and a College advisor
- Unlimited messaging with your advisors
- Customized school list development
- Complete Common App support, including:
 - College essay editing
 - · Activities section editing
- "Why Medicine?" essay editing
- Post-interview advising

View current pricing for our Direct Medical Admissions Advising packages.



Achieve Your Dreams With 1-on-1 Advising

Contact Us

- (888) 381-9509
- info@medschoolcoach.com
- medschoolcoach.com



